



# CULTIVATE

"HAVE THE ROOTS OF YOUR BEING  
FIRMLY AND DEEPLY PLANTED IN HIM. . ."

COLOSSIANS 2:7

A SPIRITUAL LIFE DEVELOPMENT COURSE  
OF THE USA EASTERN TERRITORY

MARCH 2019-FEBRUARY 2020





## **What is** CULTIVATE ?

The mission of **CULTIVATE** is to facilitate deeper spiritual life development in the lives of officers and soldiers of The Salvation Army. Christ must continually be formed in us by:

- the renewing of our minds (Romans 12:2)
- the work of the Holy Spirit (John 16)
- the role of spiritual disciplines (Romans 12:1)
- being part of Community (1 Corinthians 12)
- living out our faith for the sake of others (Matthew 28:18-20)

**CULTIVATE** is an 11-month online cohort which involves the officer/soldier in a reading schedule, online discussion, written reflection papers and retreats for the individual and in community.

**CULTIVATE** introduces or rejuvenates the officer/soldier to classic Christian writers and tried and true disciplines which stimulate growth and maturity and, with an openness to the Holy Spirit, gives rise to a lifetime of spiritual health.

God has designed us for holistic growth. . . physically, mentally, emotionally and most definitely spiritually. If you are hungering for more of what the Lord has to do in you and through you, **CULTIVATE** will help give focus to what is needed to “have the roots of your being firmly and deeply planted in Him. . .” Colossians 2:7

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**Additional Information** CULTIVATE . . . .



- Cultivate Modules include:
  - Spiritual disciplines
  - Personal Retreat
  - Devotional Classics
  - Community
  - Social Justice
  - Helps to Holiness
  - Cohort Retreat
  - Healthy Self
  - Christmas Reflections
  - Planning Forward

*\*See schedule for book list*

- Module Facilitators:
  - Lt. Colonel Patricia LaBossiere
  - Chris Stoker
  - Major Young Kim
  - Lt. Colonel Reneé Lance

- Delegates
  - Approximately 12-20 people in cohort
  - Balance of soldiers/officers, male/female, all ages

- Fees
  - Officers - \$400.00
  - Soldiers - \$100.00
  - Fees include 4-day retreat
  - Fees exclude cost of transportation
  - Fees exclude cost of 9 required books approximately \$150.00

(Officers may use the book plan and their fees can be official expense.)

Completed, approved applications should be sent to Mio Hernandez by January 25, 2019 at: [miosotis.hernandez@use.salvationarmy.org](mailto:miosotis.hernandez@use.salvationarmy.org)

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# Modules CULTIVATE . . . . .

MODULE	DATES	SUBJECT	BOOK	FACILITATOR
1	March 4 – April 12	Spiritual Disciplines	Celebration of Discipline by Richard Foster	Pat
2	April 22 – June 1	Devotional Classics	Devotional Classics by Richard Foster	Chris
3	June 10 – July 13	Community	Life Together by Dietrick Bonhoeffer	Pat
4	July 20 – August 31	Personal Retreat	Wilderness Time by Emilie Griffin	Chris
5	September 2 - 28	Social Justice	The God of Intimacy & Action by Tony Campolo & Mary Albert Darling	Pat
6	October 3 - 6	Community Retreat (Ladore)	Retreat will include community building, prayer & fasting, solitude & silence, Bible study, worship, reflection, rest & recreation	All
7	Oct 7 – Nov 16	Holiness	Helps to Holiness by Samuel Logan Brengle	Young
8	December	Advent Reading & Reflection	Advent & Christmas by Henri Nouwen	
9	Jan 6 – 25, 2020	Healthy Self	The Life of the Body by Valerie Hess & Lane Arnold	Renee
10	Jan 28 – Feb 9	Planning Forward	Personal and Community Plans for Ongoing Spiritual Formation	Pat

# My CULTIVATE Commitment

I have a deep desire to do whatever is necessary to mature in my walk with the Lord. I understand that as a student of the CULTIVATE Spiritual Life Development Course I am pledging my readiness to participate in areas of study that will challenge me spiritually, mentally, and relationally.

I understand the commitment of time and involvement in:

- Reading and study
- Participation in Blackboard through online class discussion
- Writing of reflection papers
- Practice of spiritual disciplines
- A promise of confidentiality to what may be shared by other CULTIVATE community members
- Participation in my own reflective retreat
- Participation in reflective retreat with the CULTIVATE community
- Being financially responsible for all books

I am open to the work of the Holy Spirit, committed to discerning His deeper will for my life and seeking in every way possible to conform to the image of Christ for the sake of others.

Signed \_\_\_\_\_ Date \_\_\_\_\_  
Participant