



These retreats are a ministry of the
Spiritual Life Development
Department.

The Spiritual Life Development
Department is a ministry of The
Salvation Army's USA Eastern
Territorial Headquarters. Its mission is
to provide resources and ministry
opportunities for the spiritual health
and growth of the individual.

For resources and information, go to
www.SACONNECTS.org under the
ministries tab. You can also follow
USA East SLD on Facebook.

USA EASTERN TERRITORY
440 West Nyack Rd, West Nyack, NY 10994
845-620-7200
www.saconnects.org



Available Retreats

ALL RETREATS ARE 3 DAYS:

April 23-25, 2018
Star Lake Camp & Retreat Center,
Bloomingdale, NJ

October 16-18, 2018
Camp SWONEKY,
Oregonia, OH

REFLECTIVE RETREATS FOR OFFICERS

*Come unto me, all you that labor
and are heavy laden, and I will
give you rest.
Matthew 11:28*



TESTIMONIAL:

*"My husband and I attended the **Reflective Retreat for Officers** at Camp Alleghany in October 2016. When the information came out I was interested in it, but hesitated because we were preparing for our first Christmas in our new assignment. I felt we may be too busy. But I kept thinking we could use the retreat, so we eventually decided to go. **It was so worth it!***

After the retreat we realized that the time of the year was perfect for us. Preparing ourselves emotionally and spiritually for everything that was coming that Christmas was really invaluable. The retreat itself was different from many of the other retreats we've attended. The schedule was relaxed. We didn't feel like we were running from one thing to the next. It gave us plenty of time for quiet on our own, spending time in nature, to pray, to reflect on what we were learning. It was new information; a lot of it was new opportunities to pray in different ways, to pray about the topics we had been taught, then to be able to have plenty of time to process in the way that works best for us. The whole thing was really well done. The conference itself, the teaching was just really, really good and worth it.

*We recommend the **Reflective Retreat for Officers** to any officers who are interested in or thinking about it. It's such a great opportunity and we're so glad the Army offers it to officers. "*

Major Annette Lock

WHAT ARE REFLECTIVE RETREATS?

These retreats are contemplative and reflective in nature and have been planned for your spiritual health and renewal. Its purpose is for the spiritual nourishment of your soul through guided reflection, periods of silence and worship in community. Each retreat includes teaching on spiritual formation themes and the opportunity to experience spiritual disciplines. This experience provides a safe environment for you to spend time in Christ's presence to help you in your spiritual walk.



FREQUENTLY ASKED QUESTIONS

WHO MAY ATTEND?

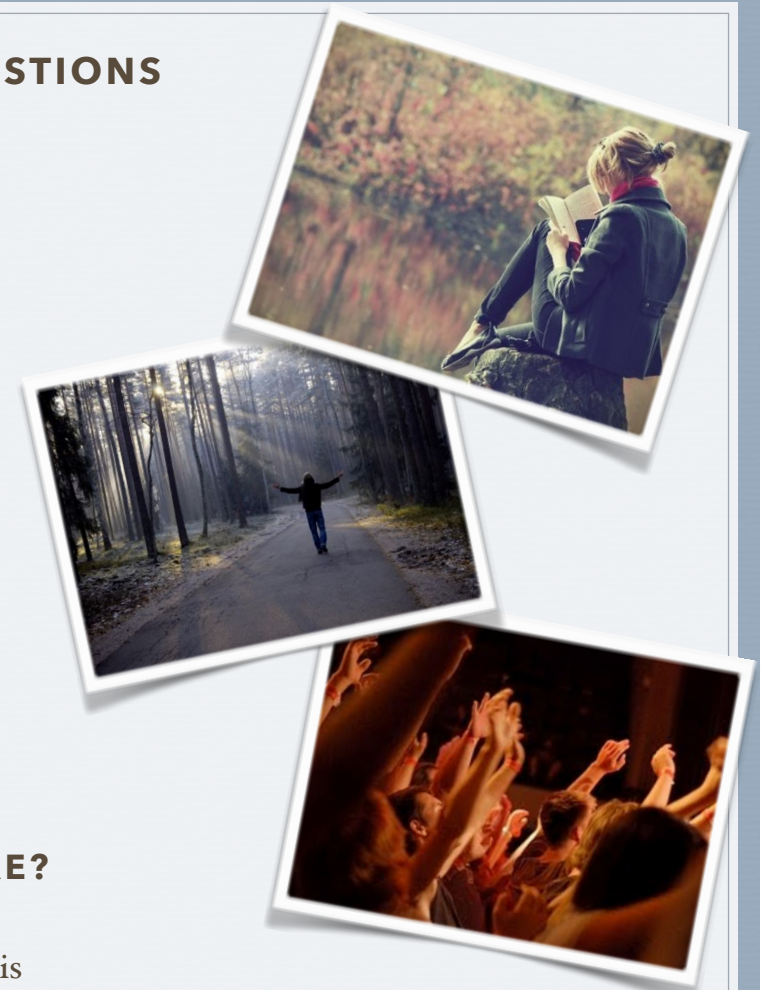
- Any active officer in the Eastern Territory may attend one retreat upon approval of his/her command head.
- Married couples may attend together.
- Attendance is limited to 20 persons per retreat.

WHAT IS THE COST?

Registration and housing are THQ expenses. Transportation and meals in transit are the expense of your appointment.

WHERE DO I GO FROM HERE?

Upon Command approval contact Major Marie Larrinaga & Cc: Miosotis Hernandez via Lotus Notes to register.



The retreats will explore the use of spiritual disciplines